

P50 A new health assessment instrument –

A participatory approach to develop a special health assessment instrument for people with intellectual disabilities

1st International Conference of German Society of Nursing Science • May 4th – 5th, 2018 in Berlin, Germany • Patient care - Patient perspective

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Background

Life expectancy of people with intellectual disabilities has been approaching that of the general population. Staff of inpatient or residential facilities and professionals of different health care sectors are not able to manage the increasing health and care needs of ageing people with intellectual disabilities. People with intellectual disabilities experience health disparities. They have a higher prevalence of premature death, morbidity and mortality than the general population due to a limited access to the health care system. Yet, a special health assessment instrument to provide adequate and comprehensive care does not exist.

The project

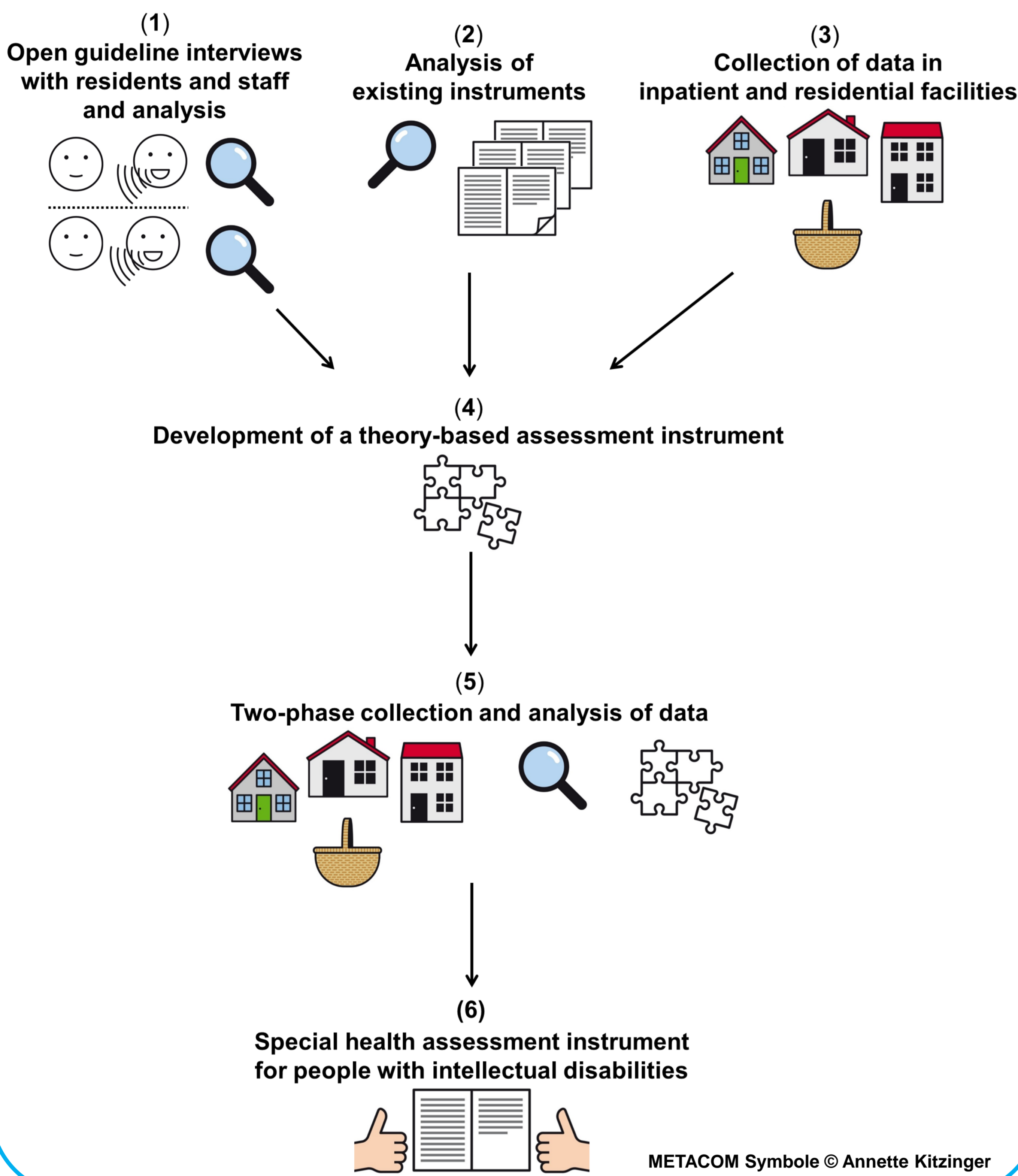
Project title:

Evaluation of health needs and nursing care requirements of people with intellectual and multiple disabilities living in inpatient or residential facilities in the region of Brunswick, Germany - Development and testing of a new health assessment instrument

Project term:

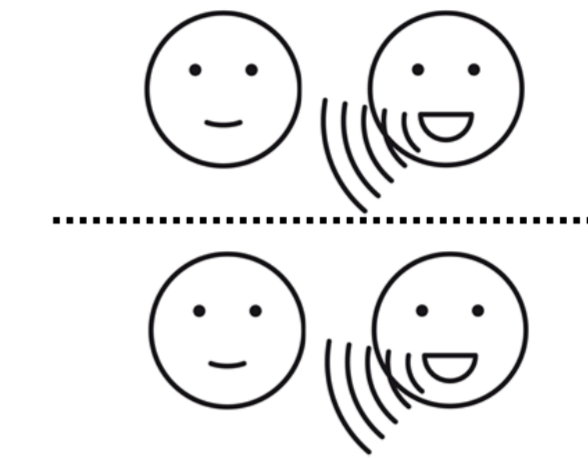
01.01.2017 – 31.12.2019

Project progression:



Methods and first results

Open guideline interviews

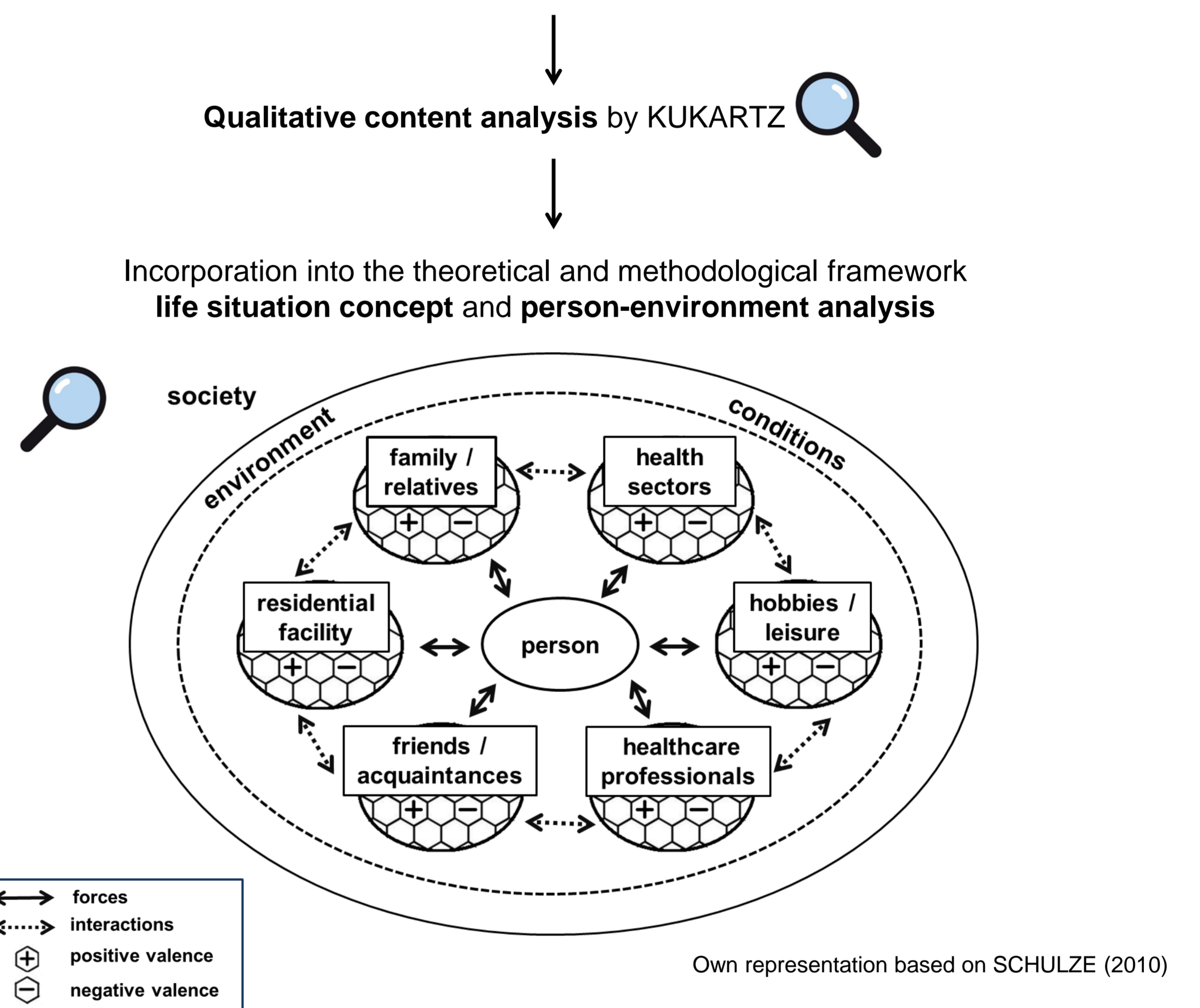


Participants:

23 staff members; age 21 - 59 yrs.
23 residents; age 23 - 88 yrs.

Main focus:

- How do they experience health and nursing care in the facility?
- What is necessary to receive or provide appropriate health and nursing care?



- How do the relevant sectors influence each other?
- Which barriers and beneficial factors exist regarding the provision of health care and nursing care in inpatient or residential facilities?
- Which barriers and beneficial factors exist in cross-sector measures?
- Which indications are provided and have to be considered by developing a special health assessment instrument?

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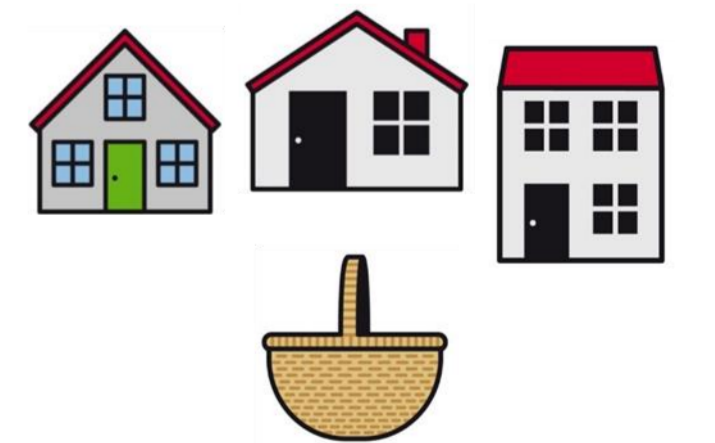
Outlook

Based on preceding research we analyze the following health assessment instruments:

- *interRAI - Home Care* and *interRAI - Intellectual Disability*
- *Comprehensive Health Assessment Programme (CHAP)*
- *Stay well and healthy – Health risk appraisal (SWH-HRA)*
- *Scottish health check programme for adults with learning disabilities*
- *Preventive care checklist for adults with developmental disabilities*



In June 2018, we will start to collect data with *ICF Core-Sets (Generic Set, Geriatric Set)*, *Neues Begutachtungssassessment (NBA)* and parts of *interRAI - Intellectual Disability* in various inpatient and residential facilities to receive further information which items are relevant for a future special health assessment instrument for people with intellectual disabilities.



References

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